

ZO's Famous Chili

INGREDIENTS

- **2** lbs. of ground beef
- **1** can of red & black beans
- **1** can of diced tomato
- $\frac{1}{2}$ can of tomato paste
- **1** medium onion
- **1** red pepper
- **1** green pepper
- ZO's special seasonings

INSTRUCTIONS

1. Brown ground beef
2. Add remaining ingredients and stir to combine
3. Cook on high for 4 hours or on low for 8
4. Top individual bowls with cheese & Fritos