



## Backup Care Benefit Additional Information

- Have you ever found yourself with a sick child on the day of an important meeting?
- Or struggling to make child care arrangements when you wake up to the news that school has closed for the day unexpectedly?
- Have you received an early morning call from your parent's caregiver letting you know that he / she will not be making it to work that day?

### Help is available through Backup Care Connection!

#### Backup Care Connection gives you access to:

- A national network of licensed, high quality child care centers
- A national network of in-home adult and child care providers through licenses home health care agencies
- Expert guidance and coaching to help you understand your options and prepare your children and older adults for their temporary change in care
- Covers your dependents (children and adults)

#### How it Works:

- Register online at [www.lifecare.com](http://www.lifecare.com) using **Registration Code: GDEB**.  
**Note:** Please provide a personal e-mail address to correspond with LifeCare if you cannot access work e-mail from home.
- Once registered, call 877-374-8924 or visit [www.member.lifecare.com](http://www.member.lifecare.com) when you need to find back up care. Care can be arranged up to 30 days in advance
- Work with a Backup Care Specialist to make necessary care arrangements
- You receive up to 5 days of care per employee per benefit year
- Copay of \$20 per day if using a child care center or in home provider
- If using a friend or family member to provide dependent care, there is no co-pay and employees will be reimbursed a maximum of \$75
- For employees who have more than one dependent needing care at the same time:
  - Child care center: \$20 copay per child, amount of visits used depends on how many children need care. For example, if an employee needs care for his or her two children, there will be a \$40 copay and 2 visits will be deducted from the employee's annual 5 visits.
  - Child care in your home: \$20 copay per use, and only 1 visit deducted even if you have multiple children.

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Experience the peace of mind that comes from knowing your loved ones  
are being well cared for while you are at work