

## GENERAL DYNAMICS

Electric Boat

# Electric Boat—2018 Breast Cancer Campaign



**2017 Quonset Point EB Team**

1. **PINS**—Buy a Pink Ribbon Pin for \$5 to help support research and awareness of Breast Cancer in both Men and Women. Available at Groton, New London and Quonset Pt. Cafeterias, Site Leaders and Admin Personnel.

### Pin Sellers:

**Norfolk:** Blanks, Jasmine (Dept. 686)

**WEO:** Boston, Barbara Ann (Dept. 628)

**KSO:** Boykin, Robin E. (Dept. 472)

**J189-2:** Brown, Paula Ann (Dept. 403)

**J810:** Cremin, Leigh Irene (Dept. 403)

**J221-1N:** Ellis, Sharon M. (Dept. 454)

**C14:** Hebert, Bobbi-Jo (Dept. 421)

**Puget:** Helvik, Mikal David (Dept. 704)  
**NEO:** Kotlen, Lisa (Dept. 702)  
**J802-1-Mail Room:** O'Dell, Mandy E. (Dept. 436)  
**J800-5:** Tupper, Stephanie (Dept. 407)  
**Norfolk:** Johnson, Hattie L. (Dept. 407)  
**Groton Cafeteria**  
**NL Cafeteria (Starbucks)**  
**QP Cafeteria**

- BREAST CANCER WALK AT ROCKY NECK PARK – Niantic, CT** – Form a Team or join a Team. If you form a Team as a Captain, you will receive a **FREE** over the shoulder bag and Koozie drinking cup. For more info contact Ely Davis-Murphy 7-3422.

<b>RI</b>	October 14	Providence, 2 Kennedy Plaza	Register at Website: MakingStridesWalk.org
<b>CT</b>	October 21	Rocky Neck Park, Niantic, CT	Register at Website: MakingStridesWalk.org

- WOMEN'S HEALTH FAIR DAY**— Join us at the Women's Health Fairs on:

**Groton:** Oct 16, 10-1, 1<sup>st</sup> shift (Bldg. 88-3 Café)

**Groton:** Oct 16, 2:30-4:40 (no vendors) Wet Dock Café

**NL:** Oct 17, 10-1 (Clinic & Hallway)

**QP** will host "Know your Numbers" at the Dispensary and at individual Depts. throughout the month

- WOMEN'S MAMMOGRAM SCREENING**— Contact Jamie Valdez for an appointment at [jvaldez@gdeb.com](mailto:jvaldez@gdeb.com) or 3-2746 and come in for a screening on:

**Groton:** Oct 23, 24, 31 at your scheduled appt. time (Visitor Center Parking Lot)

**NL:** Nov 1, 2 at your scheduled appt. time (Visitor Center Parking Lot)

- FLU SHOTS**— Flu clinics will start in October. Check "EB Communication emails", flyers, internal site emails and website for times and locations.

- BLOOD DRIVE**— Make an appointment ahead of time at:

<http://www.redcrossblood.org/give/drive/driveSearchList.jsp?zipSponsor=GDEB>

Sponsor Code: GDEB (see FAQ for further instructions)

Walk-ins Welcome! (Note that peak times are early a.m. and late p.m.) If you are short on time, complete all paperwork before arriving using RapidPass! There is a shop order for this event.

**Groton:** Oct. 9-11 at your scheduled appt. time (Bldg. 88-3)

**NL:** Oct. 16-18 at your scheduled appt. time (Terrace A)

7. **HALLOWEEN BAKE SALE**— Stop by and buy over 26 different homemade Halloween theme baked goods and **Fall Specials**; Pumpkin Whoopie Pies, Pumpkin Roll, Caramel Apple Donuts, Gingerbread Roll, and our featured Spooky Zombie and Gothic Cookies.

**New London:** Oct 15, 11-1 pm (Vendor Tables)

**Groton:** Oct 16 11- 1 pm (Bldg. 88-2 Atrium)

See [menu](#)

8. **BJ'S WHOLESALE CLUB APPLICATION DAYS**—BJ's Wholesale Club's corporate offices will directly donate \$5.00 per application that is submitted on these dates to the American Cancer Society's Making Strides Against Breast Cancer. You can add months to your membership, renew, or start a new membership. BJ's Wholesale Club is a local Food and Household warehouse that sells at low discount prices to the membership.

**New London:** Oct. 29, 11-1 pm (in front of Charter Oak)

**Groton:** Nov. 7, 11-1 pm (88-3)

**Kings Highway:** Nov. 29, 11-1 pm (Vendor tables)

9. **MEET THE AMERICAN CANCER SOCIETY – WEDNESDAY, OCTOBER 3, 2018 : NEW LONDON**

- Stop by and meet our CT American Cancer Society Rep.; Alexis Maliga.
- If you are a Breast Cancer Survivor, stop by and receive a Pink item.
- Sign up for the Breast Cancer Walk on October 21, 2018 – Rocky Neck Park – Niantic, CT.
- Receive a FREE Backpack and Koozie cup holder if you become a Captain for your walking team.
- FREE candy - Just stop by and say hello.

**For information contact: Ely Davis-Murphy at 7-3422 or Mike Jensen, Fitness Center Manager at 7-1266**

