



GENERAL DYNAMICS
Electric Boat

July 1, 2024 | Volume 8 | Issue 13 | The Quonset Point Weekly Information Bulletin

2024 High Five 1st Half Winners Announced

Last week, 6 more shipmates were each awarded \$2,500 checks as result of their names being pulled during the first of 2 raffles we will be conducting at QP this year. The winners were: Michael Sosnowski (912), Josh Young (911), Starling Araujo (903), Selena Canales (962), Arlene Chamo (917), and Omar Torres-Garcia (955).

Michael Sosnowski is a welder in 912 who has stepped up as a leader for the 806 CCSM and is consistently reliable, maintains a positive attitude, and is a great mentor for the other welders on his crew by providing OJT. All of this added to his flexibility at work has helped keep the 806 CCS on schedule.

Josh Young has stepped up in 911 by supporting training efforts on new shipbuilders working on the GX3, which has been recognized by not only his leadership team, but his peers as well.

Starling Araujo is an electrician in 903 who was chosen to be recognized for his major contributions to the urgent outfitting and completion of his work on the 332 MHC Skid and the 826 MTR Test Skid.

Selena Canales has gone above and beyond in 962 by taking over the Tool Crib in the AMP building so much so that the trades in that building have reached out to her management team to recognize her work and stepping up to the plate to keep the crib there running efficiently.

Arlene Chamo is a welder in 917 who is also the lead safety advisor for one of the teams on 2nd shift. In that role, she continuously checks in with all safety advisors and employees in the area to assure everyone is working safely and goes above and beyond caring about the wellbeing of everyone around here, embracing the 200% accountability for safety here at EB.

Omar Torres Garcia works in 955 in Spatial Planning and lead the effort for the spatial plan in Bay 4, which will accommodate the six decks being de-risked from W International on their return to Quonset Point.

The High Five Program was launched in early 2023 as a means for management to recognize they great work our employees are doing every day. All levels of management have been provided High Five “challenge coins” as a literal token of their appreciation for our fellow shipbuilders that go above and beyond in support of our mission. To date, nearly 1,500 coins have been distributed to employees at QP! So far in 2024, we have issued 1,000 coins, and just received another 500 for the remainder of this year. Supervisors or other members of management are encouraged to pick up new coins from me directly, or any of your HR Business Partner / Employee Relations Reps.

If you have received a High Five coin already, thank you for your continued efforts; you will remain eligible for the next raffle, which will be held sometime in late Fall. Lastly, thank you to the management team for taking them time to recognize your team members!!

For all fellow shipbuilders, be on the lookout for more coins as we continue to grow this exciting program to recognize all of you that continue to make a difference!

Brian Howard

Director of Human Resources - Quonset Point

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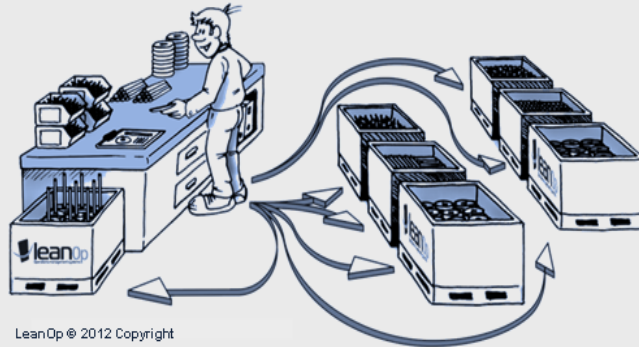
The QP WIB is produced by EB Communications.

To submit ideas, contact rmarques@gdeb.com



Continuous Improvement

MOTION



Do you ever find yourself constantly walking, lifting, reaching, bending, stretching, and moving about your work center? This might be the norm, but you could be suffering from the effects of motion waste. Motion is one of the 8 types of wastes in Lean Manufacturing and it's defined as any unnecessary movement of people, equipment, or machinery.

How many of these motions do you recognize from your workspace?

- Pulling a tool from its storage space and flipping it to orient it for use.
- Sifting through a toolbox for the right size wrench, or through a stack of files for the right folder.
- Walking to a community printer or fax machine.
- Shuffling through a pile of materials to get the right component.
- Picking up an item that was dropped on the floor.

Motion wastes are easily overlooked as a problem because we tend to assume that motion is just part of the job. However, unnecessary motion should never be part of the job because these motion waste adds up and could have some negative effects within your business. For example, it could lead to reduced productivity because you could have people walking around unnecessarily to get a job done.

So what can you do to eliminate motion waste in your area:

- Organizing your workspace (5S)
- Streamlining the process
- Single minute exchange of die (SMED)

Do YOU have any ideas on how to reduce motion in your area?

Have a process improvement idea, or simply just want a board to bounce ideas off? Discuss your idea with your Supervisor. If additional resources are required for implementation, your Supervisor can contact Process Engineering.

Heat Exhaustion

Heat Stroke

ACT FAST

- Move to a cooler area
- Loosen clothing
- Sip cool water
- Seek medical help if symptoms don't improve

Dizziness

Thirst

Heavy Sweating

Nausea

Weakness



Confusion

Dizziness

Becomes Unconscious

ACT FAST

CALL 911

- Move person to a cooler area
- Loosen clothing and remove extra layers
- Cool with water or ice

Heat exhaustion can lead to heat stroke.

Heat stroke can cause death or permanent disability if emergency treatment is not given.



Stay Cool, Stay Hydrated, Stay Informed!



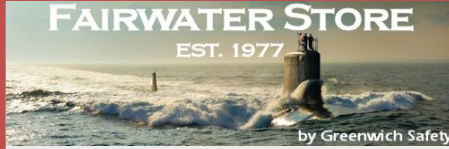
I WANT YOU TO STAY HYDRATED!

Invite EB Wellness to your crew during the months of **June, July and August** to give a 10-minute wellness break about hydration.

For the first 10 crews to sign up, we will raffle off a water bottle at EACH wellness break (\$40 value!).

Contact: Don Black
 Health Promotion Specialist
 Phone: 952-205-6067
 Email: donald.blackjr@optum.com





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Hours of Operation

7:30 am to 4:00 pm



EB Weekly Safety Briefing

06/30/2024 - 07/06/2024



BACK TO WORK, BACK TO SAFETY

Emphasizing Safety Habits After Time Away From Work

Daily Stand Downs for all Operations Employees

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EBP-02852: EB has established health and safety as the company's number one priority.

Week 27



Job Opportunity—X-Ray Welder

X-ray Welders are Skilled Welders that can fabricate a weld without defects to undergo a radiographic X-ray inspection. This position encompasses welding on Sub safe/Hull integrity joints according to weld procedures and quality standards.

Duties may include welding in all positions, gouging full penetration welds and welding with high quality, speed, and efficiency.

To learn more about this position please apply thru the internal job posting page or contact Lauren Palana in Staffing at lpalana2@gdeb.com/ 401-208-8413.