

Energized Testing

Hello Energized Shipbuilders! Have you ever wanted to experience the conditions our Submarines present daily to Sailors? The time has come for power to flow through items installed by Quonset Point (QP).

In our focus to seek improvements with Shipbuilding volume and velocity, new challenges and electrifying opportunities will be presented to our population at QP. As things change during the life aboard a Submarine, QP will start broadening the Testing conditions associated with components installed by each of you.

Two categories:

- 1. **Energized Component Testing** - supplying electricity to electrical distribution junction boxes, controllers, and cable ways in support of component testing.
- 2. **Energized Shipboard Components for operational methods** – using ships equipment to pump fluids in support of flushes.

This will provide a new era for testing at QP and bring some reality to operational components installed by our Shipbuilders!

In preparation for this new testing environment - utilizing shipboard installed systems; there is a newly created general awareness training assigned - E253906 Electrical Safety for Non-Electrical Workers. This training will provide general information such as:

Topics covered area:

- Basic Electrical Terms and Definitions
- How Current Affects the Body
- Work Controls and Safety Practices
- High-Voltage Electrical Hazards in a Shipbuilding Environment

RESPECT the electrical potential, because it will strike. Electricity is a dangerous, unseen element. And if live electricity touches you or conductive material, electric shock can occur.

Columbia Class Submarines operate at a much higher voltage than previous classes. This presents more significant electrical hazards. As you find yourself working around areas, you need to pay close attention to protect yourself.

D972 Test will be isolating areas undergoing energized testing - be mindful and vigilant to any of these areas.

Remember, at Electric Boat you are accountable for your safety and those around you.

Let’s keep each other safe, attentive to conditions within your work area, and reach out for assistance when in doubt!

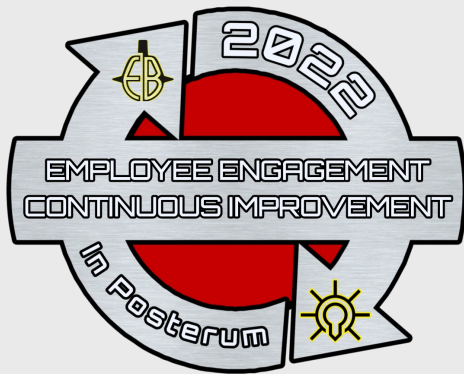
Bill DeSandre

Senior Manager of Engineering

FOLLOW ELECTRIC BOAT SOCIAL MEDIA CHANNELS

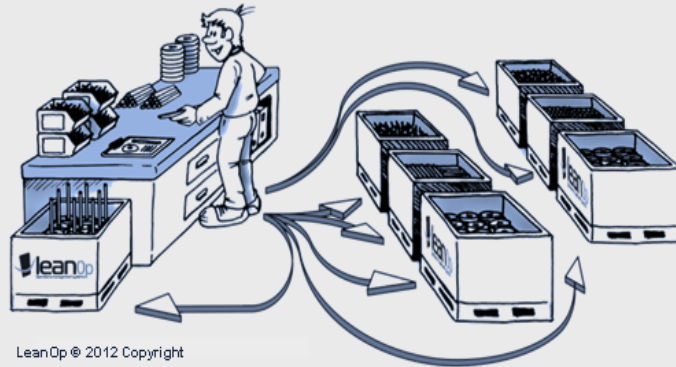
- Facebook: General Dynamics Electric Boat
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The QP WIB is produced by EB Communications. To submit ideas, contact rmarques@gdeb.com



CONTINUOUS IMPROVEMENT

8 Wastes - Motion



Do you ever find yourself constantly walking, lifting, reaching, bending, stretching, and moving about your work center? This might be the norm, but you could be suffering from the effects of motion waste. Motion is one of the 8 types of wastes in Lean Manufacturing and it's defined as any unnecessary movement of people, equipment, or machinery.

How many of these motions do you recognize from your workspace?

- Pulling a tool from its storage space and flipping it to orient it for use.
- Sifting through a toolbox for the right size wrench, or through a stack of files for the right folder.
- Walking to a community printer or fax machine.
- Shuffling through a pile of materials to get the right component.
- Picking up an item that was dropped on the floor.

Motion wastes are easily overlooked as a problem because we tend to assume that motion is just part of the job. However, unnecessary motion should never be part of the job because these motion waste adds up and could have some negative effects within your business. For example, it could lead to reduced productivity because you could have people walking around unnecessarily to get a job done.

So what can you do to eliminate motion waste in your area:

- Organizing your workspace (5S)
- Streamlining the process
- Single minute exchange of die (SMED)

Do YOU have any ideas on how to reduce inventory in your area?

Have a process improvement idea, or simply just want a board to bounce ideas off? Discuss your idea with your Supervisor. If additional resources are required for implementation, your Supervisor can contact Crystal Sherman at csherman@gdeb.com.

UHC Wellness Lifestyle Check-Up

We all know it is important to get a physical check up with our doctor on a regular basis. Did you know that most of the care of our health takes place outside of the doctor’s office?

Wondering how your lifestyle habits stack up? Maybe it’s time for a Lifestyle Check-up!

Your Wellness Coaches invite you to take part in a brief personalized wellness conversation to help you assess your habits and lifestyle around diet, physical activity, sleep, stress, smoking, alcohol use, and social connectedness.

We will share wellness resources that are relevant to your individual needs and interests, as well as help you set a goal for yourself to take the first step in enjoying better health.

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Who? All Electric Boat employees and spouses

What? A 15-minute Lifestyle Check-up

Where? By phone or in-person visit

When? Schedule at your convenience- contact your coach by email, phone, or text

Why? A healthy lifestyle can also help you enjoy a great quality of life and live life to the fullest.

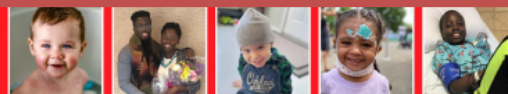
How? To start on your path to greater well-being, contact your onsite Wellness Coach today to set up your Lifestyle Check-Up.

Rhode Island Sites

Jennifer Fine | 401-465-1097 - Jennifer.Fine@plusone.com

Win a Prize! All participants in the Lifestyle Check Up through May 31, 2023 will be entered into a raffle to win your choice of an Electric Boat hoodie, a Swell water bottle, a Yeti tumbler or a Hydro flask lunchbox.

Completing a session with a wellness coach counts for one activity under the It All Counts portion of the employee incentive program



Aspen
Acute Myeloid Leukemia
Blood & Bone Marrow Recipient

Jude & Jonelle
Sickle Cell Anemia
Blood Recipient

Rowan
Neuroblastoma
Blood & Platelet Recipient

Aria
Jaundice at birth
Blood Recipient - Red Cell

Matthew
Sickle Cell Anemia
Blood Recipient - Red Cell

thank you for saving lives like theirs!

EB SPRING BLOOD DRIVE

Your blood drive had **300+** presenting donors,

Resulting in **290** donations
(240 WB, 25 R2)

Helping to save up to **770 lives!**

There were **40 1st time** donors!

Next Blood Drive: **Tues, July 18 & Wed, July 19.**



800.283.8385 • rbc.org #ribloodcenter



FAIRWATER STORE
EST. 1977



by Greenwich Safety



- Fish Hook Long & Short Sleeves and hoodies just arrived!
- GDEB Embroidered Baseball Caps only \$16! Different colors available!
- SSN 797 Iowa Apparel in store now! Going fast!!
- Vast selection of Timberland work boots, check them out today!!!

Hours of Operation
7:30 am to 4:00 pm



QP Weekly Safety Briefing
5/28/2023 – 6/3/2023

200%
ACCOUNTABILITY



Be mindful of signs and roped-off areas. These are in place for your protection.

GENERAL DYNAMICS
Electric Boat

Policy Statement # 13: Electric Boat Corporation has established Occupational Health and Safety as the Company's Number One Priority.

Week 23



**** Fairwater Store Pop-Up Shop ****



Every Wednesday, Starting May 3rd, 2023
Building 60 Café from 9am-1pm

- The FWS store is coming to QP B60
- Every Wednesday – lunch time
- Use your badge – get your sub gear

